

Memory Care Activities December 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:15 Hymn Sing DVD 11:00 YouTube Exercise 1:00 UNO with MOD 2:15 Table Games 3:00 The UN Game 4:00 Finishing the Phrase Trivia	2 10:00 Cooking: Sugar-Free Egnog 11:00 Noodle Balloon Volleyball 1:30 Piano Sing Along CR 2:45 Holiday Decorating & Cookie Social 4:00 Manicures 6:30 Wheel of Fortune 7:15 Vikings vs Seahawks	3 10:00 Coffee, News & Daily Chronicles 11:00 Exercise with Amanda 1:00 Tai Chi FC 1:00 Minnetonka Sr. Choir Holiday Performance CR 2:30 Can You Picture This? Discussion 3:00 UNO Card Game 7:00 Sweep 6 Dice Game	4 10:00 Coffee, News & Daily Chronicles 11:00 You-Tube Chair Dancing Exercise 1:00 Keynote Music Therapy 2:00 Forced Paperwhite Bulb Planting & Reading "A Homespun Holiday" 3:30 You Be the Judge Discussion 6:30 Wheel of Fortune 7:00 Jigsaw Puzzles	5 10:00 Music Group with Kelsey: A Decade's Top Singles 11:00 Worship Service with Wooddale Church CR 1:00 Tai Chi FC 1:00 Outing: Norway House Gingerbread Wonderland 3:30 Table Games 6:30 Wheel of Fortune 7:00 Snakes & Ladders Board Game	6 10:00 Craft Corner: Craft Stick Snowman 11:00 Friday Fitness 2:00 Happy Hour with the Polka Spotlight Dancers CR 3:30 Sweep 6 Dice Game 6:00 Movie & Snack	7 10:00 Table Games 11:00 What's in the News? 1:00 Gnu Woodwind Quintet CR 2:00 Afternoon Snack 3:00 Sweep 6 6:00 Lawrence Welk Show Channel 2
8 10:15 Hymn Sing DVD 11-1 Sunday Brunch DR 11:00 YouTube Exercise 12:00 Vikings @ Lions 1:00 UNO with MOD 2:15 Table Games 3:00 The UN Game 4:00 Finishing the Phrase Trivia 6:30 Eden Prairie Strings Academy Holiday Concert CR	9 10:00 Cooking: Bacon Wrapped Sausage Bites 11:00 Noodle Balloon Volleyball 1:30 Piano Sing Along CR 2:45 Winter Word Puzzles 4:00 Manicures 6:30 Wheel of Fortune 7:00 Shake Loose a Memory Dice Game	10 8:30 Men's Breakfast DR 10:00 Resident Association Meeting CR 10:00 Coffee, News & Daily Chronicles 11:00 Exercise with Amanda 1:00 Tai Chi FC 3:00 UNO Card Game 7:00 Sweep 6 Dice Game	11 10:00 Coffee, News & Daily Chronicles 11:00 You-Tube Chair Dancing Exercise 1:00 Remembering Winter Songs 2:00 Hot Chocolate Social 4-7 Havenwood Community Holiday Party DR 6:30 Wheel of Fortune 7:00 Jigsaw Puzzles	12 10:00 Music Group with Kelsey: Sounds of the Season Song Book 11:00 Worship Service with Chaplain Jeremiah CR 1:00 Tai Chi FC 2:00 Hallway Bowling Game 3:00 Table Games: Sorry 6:30 Wheel of Fortune 7:00 Snakes & Ladders Board Game	13 10:00 Craft Corner: Holiday Zen Doodle Cards 11:00 Friday Fitness 2:00 Mrs. Claus Party with Kids from Kindercare Visiting 3:30 Card Bingo 6:00 Movie & Snack	14 10:00 Cooking: Sugar Cookies 11:00 Chair Stretches 1:00 Sing Along DVD 2:00 Afternoon Snack 2:30 Sweep 6 Dice Game 3:30 Hallway Bowling Game 6:00 Lawrence Welk Show Channel 2
15 10:15 Hymn Sing DVD 11:00 Coffee, News & Daily Chronicles 1:30 Outing: Christmas at Wooddale Concert "It is Well with my Soul" 2:15 Adult Coloring: Winter Pages 3:30 Puzzles 4:15 Finishing Lyrics Trivia 7:20 Vikings vs Chargers	16 10:00 Gingerbread House Decorating CR 1:30 Piano Sing Along CR 3:30 EZ Does It Trivia 3:30 Manicures 6:30 Watch Wheel of Fortune 7:00 Shake Loose a Memory Dice Game	17 10:00 Outing: Walking Club Holiday Mall Walk 10:00 Coffee, News and Daily Chronicles 11:00 You-Tube Exercise 2:00 December Birthday Party & Entertainment from JoAnn and Ted CR 3:30 Table Games: UNO 5:00 Birthday & Anniversary Dinner DR 6:30 Watch Wheel of Fortune 7:00 Sweep 6 Dice Game	18 10:00 Coffee, News & Daily Chronicles 11:00 You-Tube Chair Dancing Exercise 1:00 Keynote Music Therapy 2:00 Pass Me a Present Game 2:30 Farkel Dice Game 3:00 EZ Does It Trivia 7:00 Jigsaw Puzzles	19 10:00 Music Group with Kelsey: Sounds of the Season Song Book 11:00 Worship with Wooddale Church CR 1:00 Tai Chi FC 2:00 Bluebirds and Blooms Deliver Flowers 3:00 Dominoes 7:00 Memory Cards Matching Game	20 10:00 Craft Corner: Snow Globes 11:00 Friday Fitness 12:00 Ladies Holiday Sweater Luncheon DR 2:00 Happy Hour and Holiday Sing Along with Melissa CR 3:30 Card Bingo 6:00 Movie & Snack	21 10:00 Cooking: Fruit Salad 11:00 Chair Exercise Group 1:00 Sing Along DVD 2:00 Afternoon Snack 3:00 UNO Card Game 6:00 Lawrence Welk Show Channel 2

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22 10:15 Hymn Sing DVD 11-1 Sunday Brunch DR 11:00 Coffee, News & Daily Chronicles 2:00 Sorry Board Game 2:30 Reading Roundtable 3:30 Go Fish Card Game	23 (Kelsey off) Hanukkah 10:00 Holiday Puns: What's Red and White and Very Light? 11:00 Noodle Balloon Volleyball 1:30 Piano Sing Along CR 2:30 Cooking with Joe: Potato Latkes 3:30 Manicures 6:30 Wheel of Fortune 7:15 <i>Vikings @ Packers</i>	24 (Kelsey off) Christmas Eve 10:45 Adult Coloring: Christmas Coloring Pages 11:00 Exercise with Amanda 1:00 Tai Chi FC 2:30 Christmas Cookie Decorating 3:30 Active Game: Bean Bag Toss 6:30 Wheel of Fortune 7:00 Sweep 6 Dice Game	25 (Kelsey off) Christmas Day 10:00 Coffee, News & Daily Chronicles 11:00 You-Tube Holiday Music Sing Along 2:00 Movie Matinee: Holiday Movie on Netflix 6:30 Wheel of Fortune 7:00 Jigsaw Puzzles	26 (Kelsey in late) 10:00 YouTube Sing Along 11:00 Worship with Chaplain Jeremiah CR 1:00 Tai Chi FC 2:00 EZ Does it Random Trivia 3:30 Table Games: UNO 5:00 Outing: Arboretum Winter Lights 6:30 Watch Wheel of Fortune 7:00 Snakes and Ladders Board Game	27 10:00 Craft Corner: Polished Necklace 11:00 Friday Fitness 2:00 Happy Hour CL 3:30 Card Bingo 6:00 Movie & Snack	28 10:00 Cooking: Gingerbread Cookies 11:00 You-Tube Chair Exercise Group 1:00 Sing Along DVD 2:00 Afternoon Snack 3:00 Card Bingo 6:00 Lawrence Welk Show Channel 2
29 10:15 Hymn Sing DVD 11:00 Coffee, News & Daily Chronicles 12:00 <i>Vikings @ Bears</i> 2:00 Puzzles 2:30 Reminiscing 3:30 Sweep 6 Dice Game 4:30 Reading Roundtable	30 10:00 Cooking: Strawberry Swirls 11:00 Noodle Balloon Volleyball 1:30 Piano Sing Along CR 3:00 Discussion Group: Remembering Christmas Celebrations 6:30 Wheel of Fortune 7:00 Shake Loose a Memory Game	31 New Year's Eve 10:00 Coffee, News & Daily Chronicles 11:00 Exercise with Amanda 1:00 Tai Chi FC 2:30 Cooking with Joe: CR 5:00 New Year's Eve Dinner with Entertainment from Bobby and Christine from 5:45-6:45 DR	January 1 (Kelsey off) New Year's Day 10:00 Coffee, News & Daily Chronicles 11:00 You Tube Chair Dancing Exercise 2:00 What's New in the New Year Discussion 3:30 Table Games 6:30 Wheel of Fortune 7:00 Jigsaw Puzzles	January 2 11:00 Worship with Wooddale Church CR 2:30 Reading Group: Happy New Year Around the World 3:30 Prize Bingo 7:00 Snakes and Ladders Board Game	Calendar Key CR = Community Room BI = Bistro TP = Tonka Porch CL = 7-Hi Club Room DR = Dining Room TH = Theater FC = Fitness Center MC = Memory Care	Programs Subject to change. Please contact Kelsey Lindahl, Life Enrichment Director at (952) 209-1407 with any questions!

