

Life Enrichment Programs December 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:00 Mexican Train Dominoes DR	2 11:30 Ageless Strength and Balance FC 1:00 Gentle Yoga FC 1:30 Piano Sing Along CR 3:00 Coffee and Cookies CL 7:15 Tailgate Party Vikings vs Seahawks CL	3 10:00 Chairobics FC 1:00 Tai Chi FC 1:00 Minnetonka Sr. Choir Holiday Performance CR 3:00 Knitting & Crochet Ladies Group TP	4 10:00 Shopping: Cub or Target 11:30 Ageless Strength and Balance FC 1:00 Gentle Yoga FC 7:00 Cribbage CL 7:00 Mexican Train Dominos DR	5 10:00 Chairobics FC 11:00 Worship Service With Wooddale Church CR 1:00 Tai Chi FC 1:00 Coffee & Spiritual Conversation with Chaplain Jeremiah CL 1:00 Outing: Norway House Gingerbread Wonderland 7:00 Bridge CL	6 11:30 Ageless Strength and Balance FC 1:00 Gentle Yoga FC 2:00 Happy Hour with the Polka Spotlight Dancers: Beer, Wine, and Kings Hawaiian Sliders CR 3:00 Movie TH	7 10:00 500 Cards CL 1:00 Gnu Woodwind Quintet Concert CR 2:00 Saturday Movie Matinee TH
8 11-1 Sunday Brunch DR 12:00 Tailgate Party Vikings @ Lions CL 1:00 Mexican Train Dominoes DR 6:30 Eden Prairie Strings Academy Holiday Concert CR	9 10:00-1pm Outing: Holiday Shopping at Ridgedale Mall 11:30 Ageless Strength and Balance FC 1:00 Gentle Yoga FC 1:30 Piano Sing Along CR 3:00 Coffee and Cookies Social CL	10 8:30 Men's Breakfast DR 10:00 Resident Association Meeting with Pastries and Coffee CR 10:00 Chairobics FC 1:00 Tai Chi FC 11-12 Schwann's Delivery Lobby 3:00 Knitting & Crochet Ladies Group TP	11 10:00 No Shopping: Cub or Target 11:30 Ageless Strength and Balance FC 1:00 Gentle Yoga FC 4-7 Havenwood Community Holiday Party DR (4:00 and 5:30 Seating, Sign up @ concierge) 7:00 Cribbage CL 7:00 Mexican Train Dominos DR	12 10:00 Chairobics FC 11:00 Worship Service With Chaplain Jeremiah CR 1:00 Tai Chi FC 1:00 Coffee & Spiritual Conversation with Chaplain Jeremiah CL 3:00 CARE Group TP 7:00 Bridge CL	13 11:30 Ageless Strength and Balance FC 1:00 Gentle Yoga FC 2:00 Happy Hour: Spiked Egg Nog and Stuffed Mushrooms CL 3:00 Movie TH	14 10:00 500 Cards CL 2:00 Saturday Movie Matinee TH
15 1:00 Mexican Train Dominoes DR 1:30 Outing: Christmas at Wooddale Concert "It is Well with my Soul" 7:20 Tailgate Party Vikings vs Chargers CL	16 10:00 Gingerbread House Decorating CR 11:30 Ageless Strength and Balance FC 1:00 Gentle Yoga FC 1:30 Piano Sing Along CR 3:00 Coffee and Cookies Social CL	17 10:00 Outing: Walking Club Holiday Mall Walk 10:00 Chairobics FC 1:00 Tai Chi FC 2:00 December Birthday Party with Entertainment from Ted and JoAnn CR 3:00 Knitting & Crochet Ladies Group TP 5:00 Birthday & Anniversary Dinner DR	18 10:00 Shopping: Cub or Target 11:30 Ageless Strength and Balance FC 1:00 Gentle Yoga FC 1:00 Book Club TP 7:00 Cribbage CL 7:00 Mexican Train Dominos DR	19 10:00 Chairobics FC 11:00 Worship Service With Wooddale Church CR 1:00 Tai Chi FC 1:00 Coffee & Spiritual Conversation with Chaplain Jeremiah CL 7:00 Bridge CL	20 11:30 Ageless Strength and Balance FC 12:00 Ladies Holiday Sweater Luncheon DR 1:00 Gentle Yoga FC 2:00 Happy Hour: Holiday Sing Along with Melissa, Beer, Wine & Deviled Eggs with Ham Sandwiches CR 3:00 Movie TH	21 10:00 500 Cards CL 2:00 Saturday Movie Matinee TH

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22 11-1 Sunday Brunch DR 1:00 Mexican Train Dominoes DR	23 Hanukkah 11:30 Ageless Strength and Balance FC 1:00 Gentle Yoga FC 1:30 Piano Sing Along CR 3:00 Resident Interview CL 7:15 Tailgate Party Vikings Vs Packers CL	24 10:00 Chairbics FC 11-12 Schwann's Delivery Lobby 1:00 Tai Chi FC 3:00 Knitting & Crochet Ladies Group TP	25 Christmas Day 10:00 No Shopping: Cub or Target 11-1 Christmas Day Buffet DR (Sign up for Boxed Lunch) 11:30 Ageless Strength and Balance FC 1:00 Gentle Yoga FC 7:00 Cribbage CL 7:00 Mexican Train Dominos DR	26 10:00 Chairbics FC 11:00 Worship Service with Jeremiah CR 1:00 Tai Chi FC 1:00 Coffee & Spiritual Conversation with Chaplain Jeremiah CL 3:00 Wellness Clinic CR 4-7 Pizza Buffet DR 5:00 Outing: Arboretum Winter Lights	27 11:30 Ageless Strength and Balance FC 1:00 Gentle Yoga FC 2:00 Happy Hour: Peppermint White Russian and Reuben Tator Tots CL 3:00 Movie TH	28 10:00 500 Cards CL 2:00 Saturday Movie Matinee TH
29 12:00 Tailgate Party Vikings @ Bears CL 1:00 Mexican Train Dominoes DR	30 11:30 Ageless Strength and Balance FC 1:00 Gentle Yoga FC 1:30 Piano Sing Along CR 3:00 Coffee and Cookies Social CL	31 New Year's Eve 10:00 Chairbics FC 1:00 Tai Chi FC 2:30 Cooking Show with Joe: CR 3:00 Knitting & Crochet Ladies Group TP 5:00 New Year's Eve Dinner DR 5:45 Entertainment from Bobby and Christine DR	January 1 New Year's Day 10:00 No Shopping: Cub or Target 11:30 Ageless Strength and Balance FC 1:00 Gentle Yoga FC 7:00 Cribbage CL 7:00 Mexican Train Dominos DR	January 2 11:00 Worship Service with Wooddale Church CR 10:00 Chairbics FC 1:00 Tai Chi FC 1:00 Coffee & Spiritual Conversation with Chaplain Jeremiah CL	Calendar Key CR = Community Room BI = Bistro TP = Tonka Porch CL = Club Room DR = Dining Room TH = Theater FC = Fitness Center MC = Memory Care CS = Care Suites	<p align="center">Programs Subject to change. Please contact Kelsey Lindahl, Life Enrichment Director at (952)209-1407 with any questions!</p>

